

Mission of Arising Martial Arts

In Martial Arts there are codes, tenets, verses of oaths, creeds, and rules that we, as practitioners, follow. Students and instructors alike make these ideals part of their lives. We aspire and arise to the challenge of our Martial Art and our lives. Hence the school name: **Arising Martial Arts.**

School Creed

"As a martial artist I must learn to be patient, show respect, and practice self control. I am dedicated to myself and my art. I am a **Martial Artist.**"

Martial Arts Formats

ITF Style Tae Kwon Do
Inayan Eskrima
Yang style Tai Chi



ABOUT THE INSTRUCTORS

Master Frank Smith
Co-Founder/Owner

5th Degree Black Belt Master
Instructor
Tae Kwon Do

Kadua Guru Level 3 Inayan **Eskrima**
Tai Chi Instructor

Master Conar Smith
Co-Founder/Owner

5th Degree Black Belt Master
Instructor
Tae Kwon Do

Instructor Level 1 Inayan **Eskrima**
Tai Chi Practitioner
Yellow Belt **Jiu Jitsu**



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**KOREAN MARTIAL ARTS
TAE KWON DO**
(HAND-FOOT-WAY SELF-DEFENSE)

**CHINESE MARTIAL ARTS
TAI CHI/QIGONG**
(ENERGY, BREATHING, RELAXING)

**FILIPINO MARTIAL ARTS
INAYAN ESKRIMA**
(HAND/WEAPON RANGE DEFENSE)

JIU JITS
(A SELF DEFENSE MARTIAL ART &
COMBAT SPORT GRAPPLING,
GROUND FIGHTING, & SUBMISSION
HOLDS)

TAI CHI

Classes Taught:
Wednesday
Time: 4 pm - 4:45 pm
Tuition: \$40 (Per-Month)

Taught as a form of relaxation, controlled breathing, and focus Tai Chi is open to all levels. This class will help you learn how to focus and relax during everyday life.



TAE KWON DO

Classes Taught:
Tuesday & Thursday
Time:
4:15 - 5:15 Beginners
5 pm - 6 pm Intermediate
6 pm - 7 pm Advanced
Tuition: \$75 (Per-Month)

Open to all levels the ancient martial art of Tae Kwon Do will teach you focus and discipline.

JIU JITSU

NEW **Classes Taught:**
• **Wednesday & Friday**
• **Time: 5 pm - 6 pm**
• **8 and up (Open to all levels)**
• **Tuition: \$85 Per-Month** **NEW**



ESKRIMA

Classes Taught:
Wednesday & Friday
Time: 6 pm to 7 pm
Tuition: \$70 (Per-Month)

Eskrima is a weapons based martial arts practice. It is the national Martial Arts of the Philippines Open to all levels the uniform is a plain black shirt and running pants.

